

Orthopedic Bundle Risk Mitigation Guide

Protecting Margin. Preventing Loss. Empowering Growth.

Bundled payment models are changing the future of orthopedic care — creating new revenue opportunities while shifting greater financial responsibility onto your practice. In a fixed-price contract, just **one complication** can drastically impact your bottom line.

BLISCare is purpose-built to protect orthopedic surgeons from the unique financial risks bundled payments introduce. This guide walks through **key orthopedic procedures** commonly included in bundled care, the associated risks, and how BLISCare helps mitigate them.

Why Risk Mitigation Matters in Ortho Bundles

Bundled payments are designed to reward efficiency and quality — but they can penalize even the best surgeons for outcomes beyond their control.

Without protection, a single 30-day readmission can wipe out your entire margin — or worse, result in negative earnings.

BLISCare provides unexpected surgical outcome protection, empowering you to:

- Offer competitive, transparent pricing
- Expand bundled offerings confidently
- Maintain profitability across all covered procedures

1. Hip Replacement (THA)

Risk: Infection, dislocation, or prosthetic failure within 30 days

Mitigation: BLISCare covers unexpected costs tied to surgical complications and readmissions during the bundle window.

2. Knee Replacement (TKA)

Risk: Post-op bleeding, DVT, stiffness, or implant issues

Mitigation: Protects your financial margin from early revisions or costly follow-up care.

3. Spine Surgery & Spinal Fusion

Risk: Hardware issues, nerve complications, extended recovery needs

Mitigation: Offers financial protection against complex revisions and inpatient readmissions.

4. Joint Replacement (Multi-Joint)

Risk: Infection, mobility issues, surgical site failures

Mitigation: BLISCare offers a built-in safety net across multiple joint procedures.

5. Anterior Cruciate Ligament Reconstruction (ACL)

Risk: Graft failure, infection, or instability

Mitigation: Ensures bundled revenue stays intact even when athletic rehab or revision is needed.

6. Shoulder Replacement / Rotator Cuff Repair

Risk: Hardware complications, frozen shoulder, nerve damage

Mitigation: Provides financial back-up for 30-day revision care or unplanned interventions.

7. Arthroscopic Surgery (Knee, Shoulder, Hip)

Risk: Joint effusion, infection, or follow-up debridement

Mitigation: Secures the practice from financial strain after outpatient complications.

8. Bone Fusion & Fracture Care

Risk: Nonunion, infection, delayed healing

Mitigation: BLISCare steps in to cover unanticipated follow-up procedures or readmissions.

9. Foot and Ankle Procedures / Ankle Replacement

Risk: Implant shift, soft tissue damage, poor alignment

Mitigation: Reimbursement protection for revisions or surgical touch-ups within the bundle.

10. Hand Surgery (Carpal Tunnel, Trigger Finger)

Risk: Recurrence, nerve irritation, surgical site infection

Mitigation: Safeguards outpatient ortho practices offering hand procedures in bundled packages.

11. Debridement (All Sites)

Risk: Secondary infection or repeat procedure

Mitigation: Ensures additional surgical time and care aren't profit eroders.

12. Revision Joint Surgery

Risk: Significantly higher complication rates and resource needs

Mitigation: Specialized coverage to protect revenue when taking on complex revision bundles.

13. Pediatric Orthopedics

Risk: Growth plate concerns, healing complications, follow-ups

Mitigation: Coverage tailored for post-op surprises in pediatric bundles.

14. Sports Medicine Procedures

Risk: Return-to-play complications, swelling, instability

Mitigation: Financial fallback for outpatient and ASC-based sports med bundles.

BLISCare Coverage In Action

Example 1:

Spine Bundle – 27-Day Readmission for Wound Complication

✓ Covered under BLISCare → \$14,750 cost offset

Example 2:

ACL Reconstruction – Graft Failure Requires Revision at Day 25

✓ Covered under BLISCare → \$6,400 cost offset

Example 3:

TKA – Surgical Site Infection Requires Debridement and Overnight Stay

✓ Covered under BLISCare → \$8,100 protected

Are You Covered for the Real Cost of Bundled Risk?

Orthopedic practices partnering with aggregators like Carrum Health, Transcarent, or Lantern Care, or offering direct-to-employer bundles and cash-pay packages, need a protection strategy.

BLISCare fits directly into your workflow and revenue model — providing the backend coverage for when complications arise.

Let's Talk Risk Protection for Your Bundled Procedures

To learn how **BLISCare** can protect your orthopedic practice from bundled payment risk, visit us at BLISCare.com, call **1-800-BLISCARE**, or email us at info@BLISCare.com to schedule your free 15-minute Ortho Bundle Risk Review.

Protect your procedures. Secure your profit. Grow with confidence.